

Questions About Radiation and Managing Radiation Side Effects

- **What type of radiation therapy will I receive?**
- **How does this type of radiation therapy work?**
- **Will the benefits of radiation therapy outweigh the risks and side effects?**
- **Who will be administering my radiation treatments?**
- **Who can I contact if I have a question about side effects from radiation treatment?**
- **Who can I contact in case I have emotional problems during radiation treatment?**
- **How long can I expect to receive radiation treatments?**
- **What are the most common side effects for the area that will be treated?**
- **What can I do to minimize short-term side effects?**

- **Are there certain foods that I should avoid?**
- **Can you recommend a good mouthwash?**
- **Can you recommend medicine to help control pain, sores or burns?**
- **Can you recommend any complementary or alternative medicines to help control side effects?**
- **Can you recommend a dentist that is familiar with common needs before, during and after radiation therapy?**
- **How might radiation therapy affect my regular activities?**
- **Will I need a feeding tube?**
- **Are there long-term side effects that I should be concerned about?**
- **What can I do to minimize the risk of long-term side effects?**
- **Do you recommend follow-up therapy for speech or swallowing after I complete my radiation treatment?**

Questions About Chemotherapy and Managing Chemotherapy Side Effects

- **What type of chemotherapy will I receive?**
- **How does this type of chemotherapy work?**
- **Will the benefits of chemotherapy outweigh the risks and side effects?**
- **Who will be administering my chemotherapy treatments?**
- **Who can I contact if I have a question about side effects from chemotherapy?**
- **Who can I contact in case I have emotional problems during chemotherapy treatment?**
- **How long will I receive chemotherapy treatments?**
- **What are the most common side effects using this type of chemotherapy?**
- **What can I do to minimize short-term side effects?**

- **Are there medicines I can take to help minimize side effects?**
- **Can you recommend any complementary or alternative medicines to help control side effects?**
- **What are the long-term effects of chemotherapy treatment?**
- **What can I do to minimize long-term side effects?**
- **What types of things should my family and I look out for during chemotherapy? For example, hearing loss may begin gradually.**
- **Do you know of any patients who have received similar treatment for a similar type of cancer? Would they be willing to talk to me about their journey?**

Questions About Receiving Both Radiation and Chemotherapy Treatments

- Will the benefits of combined radiation and chemotherapy outweigh the risks and side effects?
- What short-term side effects can I expect?
- What long-term side effects may occur?
- What can I do to minimize long-term side effects?
- Will I need a feeding tube?
- What types of things should my family and I look out for while I receive both radiation and chemotherapy? For example, hearing loss may begin gradually.
- Do you recommend follow-up therapy for speech or swallowing after I complete my radiation treatment?
- Do you know of any patients who have received similar treatment for a similar type of cancer? Would they be willing to talk to me about their journey?